

Excellence  
Resilience  
Responsibility  
Respect  
Inclusiveness

## The Parkmore Pulse



### Important Dates

#### OCTOBER

3RD- 31ST - JUMP ROPE FOR HEART  
7TH - BASKETBALL CLINIC Y3-6  
14TH - BASKETBALL CLINIC Y3-6  
17TH - SCHOOL COUNCIL  
19TH - PREP 2023 - PHONICS ARE FUN  
28TH - P-Y1 MOVIE NIGHT  
28TH -29TH - Y2 MOVIE NIGHT & SLEEPOVER

#### NOVEMBER

1ST - MELBOURNE CUP DAY - NO STUDENTS  
2ND - PREP 2023 - TECHNOLOGY TIME  
4TH - PUBLIC SPEAKING FINALS  
8TH - BASKETBALL CLINIC - WHOLE SCHOOL  
8TH - PUBLIC SPEAKING COMPETITION  
14TH - P-Y2 EDENDALE EXCURSION  
15TH - BASKETBALL CLINIC- WHOLE SCHOOL  
16TH - PREP 2023 - ART PLAY  
26TH - STATE ELECTION BBQ & CAKE STALL  
28TH-9TH - WHOLE SCHOOL SWIMMING

#### DECEMBER

WHOLE SCHOOL SWIMMING CONTINUES TO  
9TH  
7TH - SCHOOL COUNCIL  
**13TH**- PREP 2023 - MEET THE TEACHER  
**13TH**- PREP 2023 - PARENT INFORMATION  
NIGHT  
13TH - Y6 TO Y7 GOVERNMENT SCHOOL  
TRANSITION DAY  
**14TH** - GRADUATION  
**15TH** - Y6 BIG DAY OUT  
16TH - GRADUATION ASSEMBLY (FINAL  
ASSEMBLY FOR 2022)  
19TH - LAST STUDENT DAY - **STUDENT  
DISMISSAL 1.30PM**  
CURRICULUM DAY - NO STUDENTS  
TERM 4 - 20TH DECEMBER

**PLEASE CHECK DATES AS SOME HAVE BEEN  
AMENDED.**

#### 2022 SCHOOL TERMS

TERM 4 - OCTOBER 3RD - DECEMBER 20TH

### **School Assembly**

**Friday October 14th, 2022  
2:50pm in the MP Room**

## From the Principal

A big 'welcome back' to the whole  
Parkmore Primary School community for  
Term 4!



### Focus on Learning

It has been great to get back into classes to find out about how learning is shaping up for the term!  
4/5A students were getting stuck into their writing very early in the day on Tuesday, with the whole class engaged, silent and busy soon after 9am! They have been enjoying writing pieces using their own choice of text type and will be conferencing in groups soon to build their reviewing and editing skills. This is a great example of how giving students agency in choosing the direction of a specific task promotes engagement and allows students to challenge themselves with new learning. Great work 4/5A!

### Cyber Safety

As an eSmart school, Parkmore Primary School values student safety online. I know that this is an area that many parents find challenging, particularly as children grow older and become skilled users of many types of technology. As always, the eSafety Commissioner website is a fantastic resource for families:

<https://www.esafety.gov.au/parents>

Take some time to explore the various topics organised for parents and kids.

# Principals Report continued....

## Cyber Safety continued.....

Topics include 'Are they old enough?', gaming, screen time and cyberbullying. A great starting point is the 'Online Safety Basics' page, with key strategies and further information organised by different age ranges:

<https://www.esafety.gov.au/parents/issues-and-advice/online-safety-basics>

The following page has resources in a number of community languages:

<https://www.esafety.gov.au/diverse-groups/cultural-linguistic/translations>

If you're not sure how to have a conversation with your child about online safety, 'The hard-to-have conversations' page is a great resource. It covers how to start chats with your child if you are concerned about specific safety issues regarding their online activities. This also has sections organised by age:

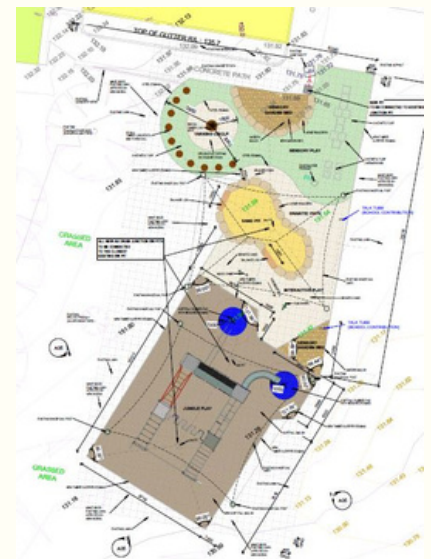
<https://www.esafety.gov.au/parents/issues-and-advice/hard-to-have-conversations#more-tips-for-different-age-groups>

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**Isobel McLennan**

**Principal**



### **INCLUSIVE SCHOOLS FUND PLAYGROUND PROJECT:**

**Exciting news!** It has been a long time coming to fruition but at last the playground & surrounding area works have begun. This week has seen the erection of the workers compound fence and the removal of the old playground. Works will continue until the end of November, when the new playground will be unveiled.

# School Captain News

## SCHOOL CAPTAIN REPORT

WEEK 1 - TERM 4



Hello everyone and welcome back to another School Captain newsletter! We hope everyone has had an amazing and fun holidays.

The grade 2 sleepover and junior movie night will be happening on the 28th of October. This is a night where all the juniors come to school to watch a movie and eat pizza. Once the movie is over the preps and grade 1's go home while the year 2's stay at school to play games and sleepover!

Wellbeing day is back with a soon to be announced date. It has been adjusted and updated. Some of the new activities include drama games, movie making and possibly science. The groups are larger, the sessions are longer and it looks to be an amazing day!

A new junior playground is being installed starting now. Hopefully the playground will be ready soon and can be played on by the end of this year.

Jump rope for heart has also just started. Students are making every opportunity to skip during lunch and recess. Make sure you sign up and keep on skipping!

From Asha and Elvis (filling in for Isaiah)

Class Article  
3/4A

# WORD DETECTIVES!

3/4A

Peculiar  
odd or  
unusual

We've been building on our vocabulary!

This is to help us prepare for the upcoming public speaking competition and to improve our writing!



We have started to create a Word Wall in the classroom!



We ask questions and explore new words together!

**help** *verb* helps, helping, helped  
1 to do something useful for someone, as in *The teacher helped me with my work. I helped my mother on with her coat.* 2 to assist in reducing a pain or difficulty, as in *Medicine helps cure sickness.* 3 to be of use or service to, as in *Does this information help?*  
**helper** *noun*, **helpful** *adjective*, **helpfully** *adverb*

You can help us at home by finding interesting words and finding the definition!

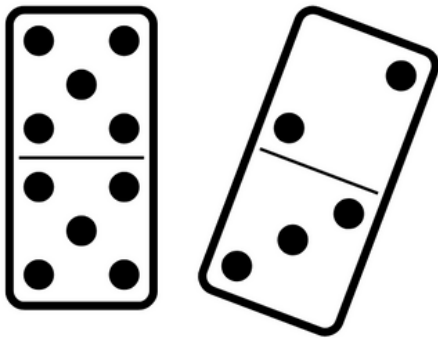
# Class Article

## 1/2A

# NEWSLETTER



Week 1 - 06.10.22



## NUMBER

This week, students have been revising addition and subtraction strategies. This including working with friends of 10, doubles and near doubles. They've also been looking at patterns and how to play with dominoes. Time to get the old wooden box of vintage dominoes out!

### Information Report Example – Eagles

Eagles of all kinds are a type of bird.  
They mostly live in trees in wetland areas, all around the world.  
Eagles have strong wings, a sharp beak and long talons.  
They are all carnivores, crushing their prey with their sharp claws.  
Most eagles can live for 20 to 25 years in the wild.



## LITERACY

In Literacy, our focus is informative texts. Students have explored the text features of fact files and short information reports. They've looked at how to write their own. In the process, the class has looked at the nature of words, including what nouns, verbs, and adjectives are. In MSL, we are doing closed and open syllable divisions.



## INQUIRY

Students are starting to dig deeper behind the concept of sustainability and what it means for them, for their future.

Rather than looking at climate change as a gloomy prospect, students are learning what they can do to adopt a more sustainable way of living. One of our main goals is to win the Wrapper Free Wednesday challenge!

# P.E. - Sport

**JUMP  
ROPE for  
HEART**



Parkmore Just launched the program for Term 4, 2022:

**Jump Rope for Heart kicks off next term at Parkmore Primary School!**

Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun and raise funds for lifesaving research and programs.



This year is the 40<sup>th</sup> year of Jump Rope for Heart! To celebrate this milestone, we've got an audacious goal to see our student Heart Heroes at Parkmore Primary School to log 40 hours of skipping throughout the program!

[Register your child online](http://www.jump rope.org.au/parents), so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started.

Students will be skipping *throughout the term in PE lessons*, during this time you can share their online fundraising page with family and friends to help raise money for this great cause.

We will hold our school Jump Off Day on *Monday 31<sup>st</sup> October* this will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills. *More details to follow.*

Thank you for supporting the Jump Rope for Heart program!

Jump rope.org.au  
Jump.rope@heartfoundation.org.au  
1300 724 804





# P.E NEWS

with Mrs Raebel

## District Athletics

On Friday 9th September, 30 students from grades 4-6 represented Parkmore in the District Athletics. Well done to all the students who represented Parkmore with such pride, enthusiasm and sportsmanship.

The following students received places:

- Eleni 3rd Shot Put
- Holly 3rd Long Jump
- Cayla 1st Discus
- 3rd Triple Jump



Cayla will participate at Division Athletics on Wednesday 12th October competing in Discus. We wish he all the best.



# Wellbeing News

## Art Club

Art club runs every second Monday at lunch times. During terms two and three, students worked together drawing and colouring in giant wings drawn by the talented Ms Yang. I'd like to acknowledge the diligent and conscientious efforts of our wonderful art captain, Travis G, for assisting with the set up and pack up each week, and for coming up with ideas for our next project. Travis is pictured with the wings now displayed in the courtyard.



**Carolyn Bunston**

Student Wellbeing Worker



# Birthdays & Student of the Week

## October Birthdays

8th - Theo P  
11th - Tavia H  
13th - Sam F  
20th - Annika K  
20th - John K  
23rd - Stanley R  
24th - Candice Z

Prep  
Annika K  
Love of Learning

1/2A  
Mikayla K  
Creativity

1/2B  
Toby R  
Teamwork

3/4A  
Sophie L  
Perseverance

**Student of the Week**  
September 16th, 2022

3/4A  
Emily P  
Judgement

4/5A  
Leah S  
All Learning

4/5A  
Akshat N  
All Learning

5/6A  
Cheryl Z  
Love of Learning

Performing Arts  
Emma K  
Perseverance

L.O.T.E.  
Ximo Y  
Humility

Visual Art  
Gabriella A  
Prudence

# Parents & Friends

## What's on...

### Next P&F Meeting

**Wednesday 13th October 2022**

**7.30pm Online**

**Ask at the office if you are**

**interested**

**ALL WELCOME**

### Cadbury Chocolate Drive

Ensure you get your expression of interest form or donation in by Friday October 7 to allow us to order the correct amount of boxes



2<sup>nd</sup> Hand Uniform  
sales

1. **after assembly**
2. **email the office with request and pay on Qkr**
3. **view & purchase at office.**

Belly Showing?



Wearing Floods?



Shrinking Tee?



**Donate Your Outgrown Uniform Clothes**

If your child has grown out of their school uniform and the uniforms are still in good condition, don't bin them, please drop them at the school office for the 2nd hand uniform shop.

Please ensure they have been washed before donating.  
Thank you.

# Community News



**WHITEHORSE  
CITY COUNCIL**  
Presents

# Spring Festival

**Sunday 23 October 2022**

**10am – 4pm**



**Nunawading Community Hub and Tunstall Park**  
Free Event



For more information visit:  
[www.whitehorse.vic.gov.au/  
festivals-and-events/spring-festival](http://www.whitehorse.vic.gov.au/festivals-and-events/spring-festival)  
or scan QR code



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